



# VESPERS AND BENEDICTION

THE SEVENTH SUNDAY OF EASTER

*The Sunday after the Ascension*

*The Sunday within the Octave of Damien and Marianne of Hawai'i*

ST. MARK'S EPISCOPAL CHURCH

HONOLULU

*12 May 2024*

*4:00 pm*

# WELCOME TO ST. MARK'S

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## VESPERS AND BENEDICTION

Evensong, sometimes called Vespers, is an ancient monastic service said or sung sometime in the evening. This brief service is composed of readings, chants, psalmody, silence, and prayers, and it is one of the hallmarks of the Anglican choral tradition of which the Episcopal Church is a part.

Benediction of the Blessed Sacrament is a form of Eucharistic Adoration that is popular in many Episcopal churches, as well as in Roman Catholic churches.

The host is displayed in a monstrance, the origin of this word meaning “to show,” so that the faithful might have an opportunity to reflect upon God’s indwelling among us, whether in the Sacrament or in our very lives. The service concludes with the priest making the sign of the cross over the congregation with the monstrance as a form of blessing.

## MEMORIAL

The flowers at the High Altar are given by Stuart Ching  
in memory of Derrick Shimabukuro.

## OFFERING

There is a calabash at the west end of the church for your offering.  
You may also give online at [stmarkshonolulu.org/online-giving](http://stmarkshonolulu.org/online-giving).



# VESPERS

## SILENT PRAYER

All stand and say the *Our Father* and *Hail Mary* silently.

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Hail Mary, full of grace, the Lord is with thee.

Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

## INVITATORY

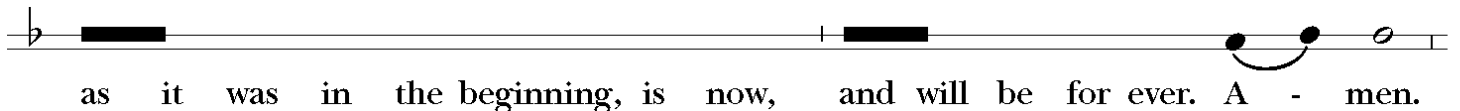
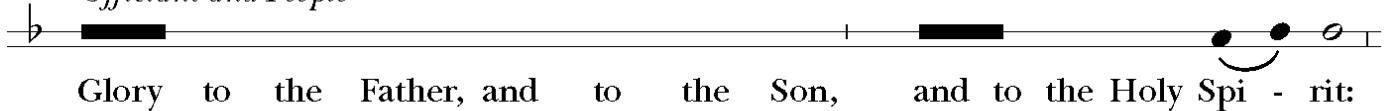
*Officiant*



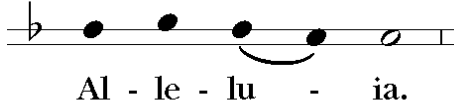
*People*



*Officiant and People*



*Except in Lent, add:*



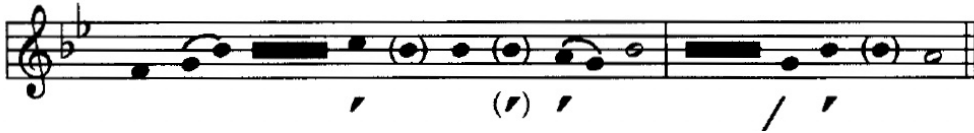
Please be seated for the psalms.

The Officiant sings the odd verses, and all sing the even verses.

A pause is observed at the asterisk of each verse.

PSALM 110:1-5,7

*Antiphon:* O men of Galilee, why are you gazing up into heaven? This Jesus, who has been taken up into heaven, shall come to you in like manner, alleluia.



- 1 The LORD said to my Lord, / "Sit at my / right hand, \*  
until I make your enemies / your footstool."
- 2 The LORD will send the scepter of your power / out of / Zion, \*  
saying, "Rule over your enemies round / about you.
- 3 Princely state has been yours from the / day of / your birth; \*  
in the beauty of holiness have I begotten you,  
like dew from the womb of / the morning."
- 4 The LORD has sworn and / he will not / recant: \*  
"You are a priest for ever after the order of / Melchizedek."
- 5 The Lord who is at your right hand will smite kings in the / day of / his wrath; \*  
he will rule over / the nations.
- 7 He will drink from the / brook beside / the road; \*  
therefore he will / lift high his head.

Glory to the / Father, and to / the Son,  
and to the Ho- / ly / Spirit: \*  
as it was in the be- / ginning, / is now,  
and will be forev- / er. / A- / men.

*Antiphon:* O men of Galilee, why are you gazing up into heaven? This Jesus, who has been taken up into heaven, shall come to you in like manner, alleluia.

## PSALM 111

*Antiphon:* And while they looked steadfastly towards heaven, as He went up, they said, alleluia.



- 1 *Hallelujah!* I will give thanks to the LORD with my / whole heart, \*  
in the assembly of the upright, in the / congregation.
- 2 Great are the deeds of the / LORD! \*  
they are studied by all / who delight in them.
- 3 His work is full of majesty and / splendor, \*  
and his righteousness en- / dures for ever.
- 4 He makes his marvelous works to be re- / membered; \*  
the LORD is gracious and full / of compassion.
- 5 He gives food to those who / fear him; \*  
he is ever mindful / of his covenant.
- 6 He has shown his people the power of his / works \*  
in giving them the lands / of the nations.
- 7 The works of his hands are faithfulness and / justice; \*  
all his com- / mandments are sure.
- 8 They stand fast for ever and / ever, \*  
because they are done in / truth and equity.
- 9 He sent redemption to his people; he commanded his covenant for / ever; \*  
holy and / awesome is his Name.
- 10 The fear of the LORD is the beginning of / wisdom; \*  
those who act accordingly have a good understanding;  
his praise en- / dures for ever.

Glory to the Father, and to the / Son,  
and to the / Holy Spirit: \*  
as it was in the beginning, is / now,  
and will be for / ever. Amen.

*Antiphon:* And while they looked steadfastly towards heaven, as He went up, they said, alleluia.

## PSALM 112

*Antiphon:* He lifted up his hands and blessed them, and was carried up into heaven, alleluia.



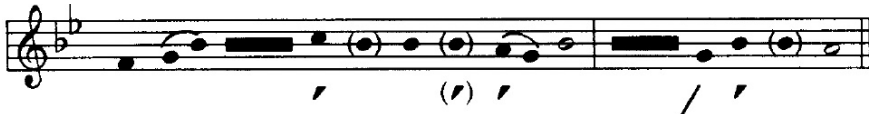
- 1 *Hallelujah!* Happy are / they who / fear the Lord \*  
and have great delight in / his com- / mandments!
- 2 Their descendants will be / mighty / in the land; \*  
the generation of the / upright / will be blessed.
- 3 Wealth and riches will / be in / their house, \*  
and their righteousness will / last for / ever.
- 4 Light shines in the darkness / for the / upright; \*  
the righteous are merciful and full / of com- / passion.
- 5 It is good for them to be / generous in / lending \*  
and to manage their af- / fairs with / justice.
- 6 For they will / never be / shaken; \*  
the righteous will be kept in everlast- / ing re- / membrance.
- 7 They will not be afraid of any / evil / rumors; \*  
their heart is right; they put their / trust in / the Lord.
- 8 Their heart is est- / ablished and / will not shrink, \*  
until they see their desire up- / on their / enemies.
- 9 They have given / freely / to the poor, \*  
and their righteousness stands fast for ever;  
they will hold up their / head with / honor.
- 10 The wicked will see it and be angry; they will gnash their / teeth and / pine away; \*  
the desires of the wick- / ed will / perish.

Glory to the / Father, and / to the Son,  
and to the / Holy / Spirit: \*  
as it was in the be- / ginning, / is now,  
and will be for / ever. / Amen.

*Antiphon:* He lifted up his hands and blessed them, and was carried up into heaven, alleluia.

## PSALM 113

*Antiphon:* Extol the King of kings, and ascribe praise to God, alleluia.



- 1 *Hallelujah!* Give praise, you / servants of / the LORD; \*  
praise the Name / of the LORD.
- 2 Let the / Name of the LORD / be blessed, \*  
from this time forth / for evermore.
- 3 From the rising of the / sun to its go- / ing down \*  
let the Name of the / LORD be praised.
- 4 The LORD is / high above all / nations, \*  
and his glory / above the heavens.
- 5 Who is like the LORD our God, who / sits enthroned / on high, \*  
but stoops to behold the heavens / and the earth?
- 6 He takes up the / weak out of / the dust \*  
and lifts up the poor from / the ashes.
- 7 He / sets them with the / princes, \*  
with the princes of / his people.
- 8 He makes the woman / of a child- / less house \*  
to be a joyful mother / of children.

Glory to the / Father, and to / the Son,  
and to the Ho - / ly Spirit: \*  
as it was in the be- / ginning, / is now,  
and will be forev - / er. Amen.

*Antiphon:* Extol the King of kings, and ascribe praise to God, alleluia.

## PSALM 117

*Antiphon:* While they beheld, Jesus was taken up, and a cloud received him in heaven, alleluia.



- 1 Praise the / LORD, all you / nations; \*  
    laud him, / all you / peoples.
- 2 For his loving-kindness to- / ward us / is great, \*  
    and the faithfulness of the LORD endures for ever. / Hallelujah!

Glory to the / Father, and to / the Son,  
    and to the Ho - / ly Spirit: \*  
as it was in the be- / ginning, / is now,  
    and will be forev - / er. Amen.

*Antiphon:* While they beheld, Jesus was taken up, and a cloud received him in heaven, alleluia.

## CHAPTER       *Hebrews 10:12-14*

When Christ had offered for all time a single sacrifice for sins, 'he sat down at the right hand of God', and since then has been waiting 'until his enemies would be made a footstool for his feet.' For by a single offering he has perfected for all time those who are sanctified.

R. Thanks be to God.

*All stand to sing the canticle.*



**CANTICLE***Dignus es**Antiphon:* Alleluia, our Lord is king; let us rejoice and give glory to him, alleluia.

*Splendor* and honor and kingly / power \*  
 are yours by / right, O Lord our God,  
*For you* created everything that / is, \*  
 and by your will they were created and / have their being;  
*And yours* by right, O Lamb that was / slain, \*  
 for with your blood you / have redeemed for God,  
*From every* family, language, people, and / nation, \*  
 a kingdom of / priests to serve our God.  
*And so,* to him who sits upon the / throne, \*  
 / and to Christ the Lamb,  
*Be worship* and praise, dominion and / splendor, \*  
 for ever / and for evermore.  
*Glory* to the Father, and to the / Son,  
 and to the / Holy Spirit: \*  
*as it was* in the beginning, is / now,  
 and will be for / ever. Amen.

*Antiphon:* Alleluia, our Lord is king; let us rejoice and give glory to him, alleluia.**VERSE**

V. The Lord in heaven, alleluia;  
 R. Has prepared his throne, alleluia.

## MAGNIFICAT

*The Song of Mary – Luke 1:46-55*

*Antiphon:* As you sent me into the world, I have sent them into the world, and for their sake I consecrate myself so that they too may be consecrated in truth. Alleluia.

1. My soul doth mag - ni - fy the Lord, and my spi - rit  
 hath rejoiced in God my Sav - ior. 2. For he hath re - gard - ed  
 the low - li - ness of his hand - maid - en. 3. For be - hold from hence - forth  
 all gen - er - a - tions shall call me bless - ed. 4. For he that is  
 might - y hath mag - ni - fied me, and ho - ly is his Name.  
 5. And his mer - cy is on them that fear him through - out all gen - er - a - tions.  
 6. He hath showed strength with his arm; he hath scat - tered the  
 proud in the imagi - na - tion of their hearts. 7. He hath put  
 down the might - y from their seat, and hath ex - alt - ed the  
 hum - ble and meek. 8. He hath filled the hun - gry with good things,

and the rich he hath sent emp - ty a - way. 9. He re -

mem - ber - ing his mer - cy hath hol - pen his ser - vant Is - ra - el,

as he prom - ised to our forefathers, Abraham and his seed for ev - er. [Ant.]

*(Gloria Patri may be omitted)*

10. Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spi - rit:

11. As it was in the be - gin - ning, is now, and will be for ev - er. A - men. [Ant.]

*Antiphon:* As you sent me into the world, I have sent them into the world, and for their sake I consecrate myself so that they too may be consecrated in truth. Alleluia.

**COLLECT**

V. The Lord be with you.

R. And also with you.

Let us pray.

O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. Amen.

## COMMEMORATION OF THE OCTAVE OF THE ASCENSION

*Antiphon:* O King of glory, Lord of hosts, who on this day has exalted yourself with great triumph above all the heavens, leave us not orphans, but send to us the promise of the Father, the Spirit of truth, alleluia.

V. God has ascended with jubilee, alleluia.

R. And the Lord with the sound of the trumpet, alleluia.

Let us pray.

Almighty God, whose blessed Son our Savior Jesus Christ ascended far above all heavens that he might fill all things: Mercifully give us faith to perceive that, according to his promise, he abides with his Church on earth, even to the end of the ages; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. *Amen.*

## COMMEMORATION OF THE OCTAVE OF DAMIEN AND MARIANNE OF HAWAI‘I

*Antiphon:* They that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary, and shall walk and not faint, alleluia.

V. The secret of the Lord is among them that fear him, and he will show them his covenant, alleluia.

R. Gracious and righteous is the Lord, alleluia.

Let us pray.

Bind up the wounds of your children, O God, and help us to be bold and loving in service to all who are shunned for the diseases they suffer, following the example of your servants Damien and Marianne, that your grace may be poured forth upon all; through Jesus Christ our Lord. *Amen.*

## CLOSING VERSICLES

V. Let us bless the Lord, alleluia, alleluia.

R. Thanks be to God, alleluia, alleluia.

V. † May the souls of the faithful, through the mercy of God, rest in peace. *Amen.*

*All say the Our Father silently.*

V. † The Lord give us his peace;

R. And life everlasting. *Amen.*

# REGINA CAELI

VI



**R** E-gína cæ-li \* lætá- re, alle-lú-ia:



Qui- a quem me-ru- ísti por- tá- re,



alle- lú-ia: Resurré- xit, sic-ut di-xit, alle- lú-ia:



O- ra pro no-bis De- um, alle- \*



\*\* lú- ia.

*Joy to you, O Queen of Heaven, alleluia:*

*He whom you were fit to bear, alleluia,*

*As He promised has aris'n, alleluia.*

*Pour for us to God your prayer, alleluia.*

V. Rejoice and be glad, O Virgin Mary, alleluia.

R. For the Lord has risen indeed, alleluia.

Let us pray.

O God, you gave joy to the world through the resurrection of your Son our Lord Jesus Christ, grant we pray, that through the intercession of the Virgin Mary his Mother, we may obtain the joys of everlasting life, through Jesus Christ our Lord. Amen.

† May the divine assistance remain with us always. Amen.

PRAYERS *All kneel.*

# BENEDICTION OF THE BLESSED SACRAMENT

HYMN 222

Rejoice, the Lord of life ascends

Parker

All stand to sing the hymn. When the Sacrament is enthroned, the bells ring and all kneel.

O SALUTARIS

*Verbum supernum prodiens*

1 O sav - ing Vic - tim, o - pening wide  
2 All praise and thanks to thee a - scend  
the gate of heaven to us be - low,  
for ev - er - more, blest One in Three;  
our foes press on life from ev - ery side,  
O grant us life that shall not end  
thine aid sup - ply, thy strength be - stow.  
in our true na - tive land with thee.

## DEVOTIONS

*Blessed, praised, and hallowed, be Jesus Christ on his throne of glory,  
and in the most Holy Sacrament of the Altar.*

*Blessed, praised, and hallowed, be Jesus Christ on his throne of glory,  
and in the most Holy Sacrament of the Altar.*

*Blessed, praised, and hallowed, be Jesus Christ on his throne of glory,  
and in the most Holy Sacrament of the Altar.*

*Devotions follow, after which silent adoration is kept.*

*At the end of the silence:*

*O Sacred Heart of Jesus, have mercy on us.*

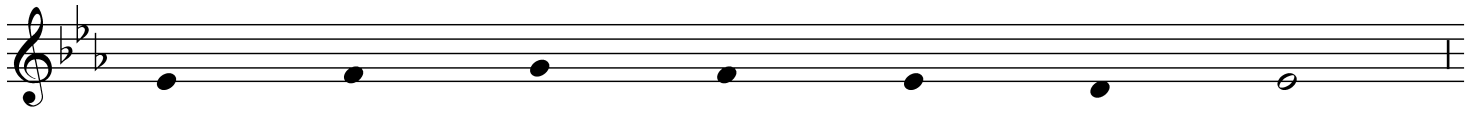
*O Sacred Heart of Jesus, have mercy on us.*

*O Sacred Heart of Jesus, have mercy on us.*

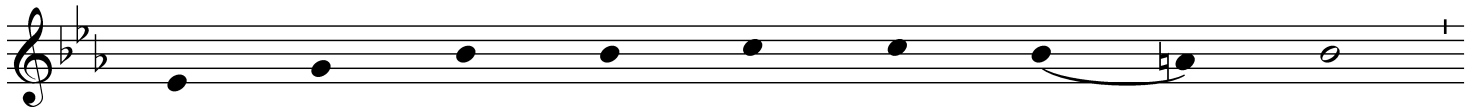
## TANTUM ERGO

*Tantum ergo Sacramentum*

5 There-fore we, be - fore him bend - ing,  
6 Glo - ry let us give and bless - ing



this great Sac - ra - ment re - vere;  
to the Fa - ther and the Son,



types and sha - dows have their end - ing,  
hon - or, thanks, and praise ad - dress - ing,



for the new - er rite is here;  
while e - ter - nal a - ges run;



faith, our out - ward sense be - friend - ing,  
ev - er too his love con - fess - ing



makes our in - ward vi - sion clear.  
who from both with both is One.

*The Officiant stands and says:*

V. You gave them bread from heaven, alleluia.

R. Containing within itself all sweetness, alleluia.

Let us pray.

God our Father, whose Son our Lord Jesus Christ in a wonderful Sacrament has left us a memorial of his passion: Grant us so to venerate the sacred mysteries of his Body and Blood, that we may ever perceive within ourselves the fruit of his redemption; who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

## EUCHARISTIC BLESSING

*The Celebrant blesses the people with the Blessed Sacrament.*

*The people make the sign of the Cross and bow in adoration, saying silently,*

† **BLESSED, PRAISED, AND ADORED BE JESUS**  
**IN THE MOST HOLY SACRAMENT †**

## DIVINE PRAISES

*The people repeat each phrase after the Celebrant.*

Blessed be God.

Blessed be his holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Ghost, the Comforter.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

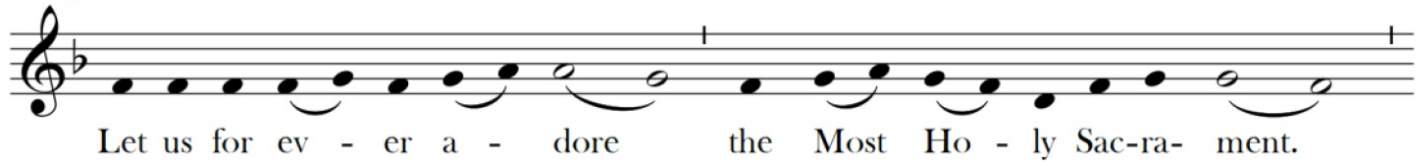
Blessed be God in his angels and in his saints.

Blessed be God in the hearts of his people.

*Once the Sacrament is reposed in the Tabernacle, the bells are rung, and all stand to sing Psalm 117.*



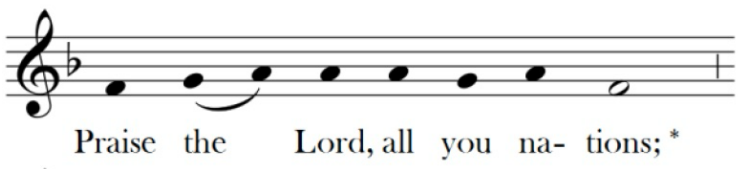
PSALM 117



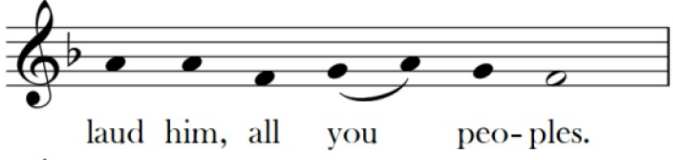
Let us for ev - er a - dore the Most Ho - ly Sac-ra- ment.



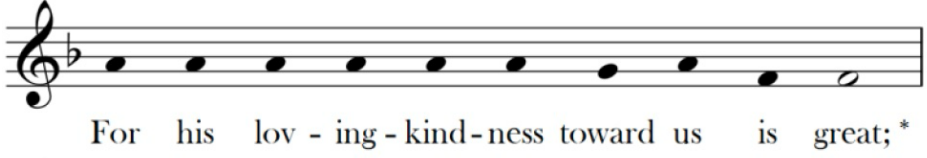
Al - le - lu - ia.



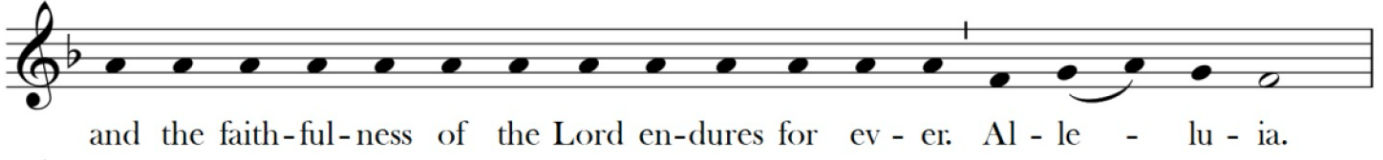
Praise the Lord, all you na- tions;\*



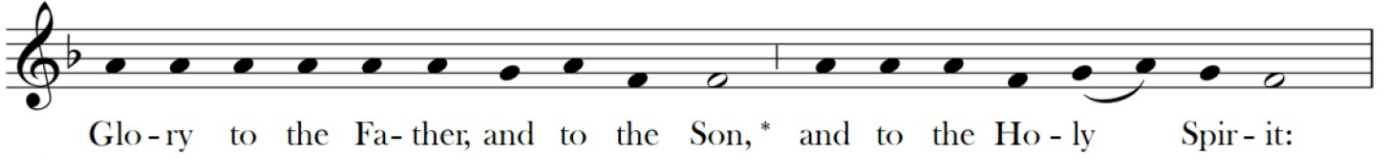
laud him, all you peo- ples.



For his lov - ing - kind - ness toward us is great;\*



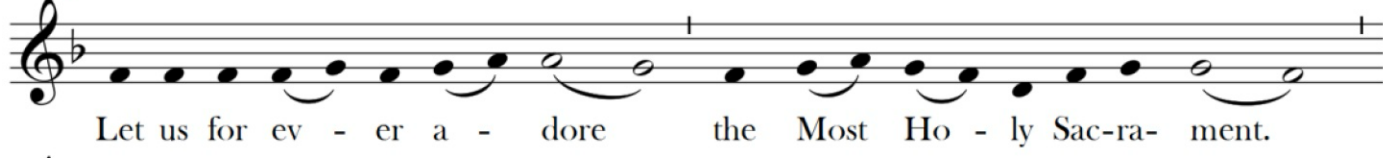
and the faith - ful - ness of the Lord en - dures for ev - er. Al - le - lu - ia.



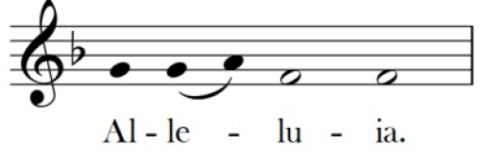
Glo - ry to the Fa - ther, and to the Son,\* and to the Ho - ly Spir - it:



As it was in the be - gin - ning, is now,\* and will be for ev - er. A - men.



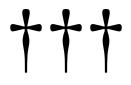
Let us for ev - er a - dore the Most Ho - ly Sac-ra- ment.



Al - le - lu - ia.

POSTLUDE

*Please keep silence in the church for those remaining to pray.*





# LITURGICAL CALENDAR

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## THE MAY FAITHFUL DEPARTED

*Wednesday, May 15*

Vespers of the Dead and Holy Rosary 6:00 pm

Parish Requiem Mass 7:00 pm

## THE DAY OF PENTECOST: WHITSUNDAY

*Sunday, May 19*

Holy Rosary 10:15 am

Procession and Solemn Mass 11:00 am

Vespers and Benediction 4:00 pm

## TRINITY SUNDAY

*Sunday, May 26*

Holy Rosary 10:15 am

Solemn Mass 11:00 am

Vespers and Benediction 4:00 pm

## THE VISITATION OF THE BLESSED VIRGIN MARY

*Friday, May 31*

Noonday Prayer 11:45 am

Mass 12:00 noon

Vespers 6:00 pm

Solemn Mass 7:00 pm

## THE SOLEMNITY OF CORPUS CHRISTI

*Sunday, June 2*

Holy Rosary 10:15 am

Solemn Mass, Procession, and Benediction 11:00 am

Vespers and Benediction 4:00 pm

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# CALENDAR

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May 12	<b>The Seventh Sunday of Easter</b> <i>The Sunday after the Ascension</i> <i>The Sunday within the Octave of the Patrons of Hawai‘i</i>
May 13	Ascensiontide Feria
May 14	<b>St. Matthias the Apostle</b>
May 15	Pachomius of Tabenissi, Monastic The May Faithful Departed
May 16	Octave Day of the Ascension
May 17 *	Octave Day of Damien and Marianne, Patrons of Hawai‘i
May 18	Mary, Mother of the Church
May 19	<b>The Day of Pentecost: Whitsunday</b>

\* *The Fridays of Eastertide are not observed with discipline and self-denial.*

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## ST. MARK’S EPISCOPAL CHURCH

539 Kapahulu Avenue  
Honolulu, HI 96815

(808) 732-2333 † [stmarkshonolulu.org](http://stmarkshonolulu.org)

### *Sunday*

Low Mass 8:00 am

Holy Rosary 10:15 am

Solemn Mass 11:00 am

Vespers and Benediction 4:00 pm

### *Holy Days*

As Announced

### *Monday – Friday*

Noonday Prayer 11:45 am

Mass 12:00 noon

### *Wednesday*

Noonday Prayer 11:45 am

Mass with Healing Rite 12:00 noon

### *Saturday*

Noonday Prayer 11:45 am

Mass 12:00 noon

Confessions 12:30 noon